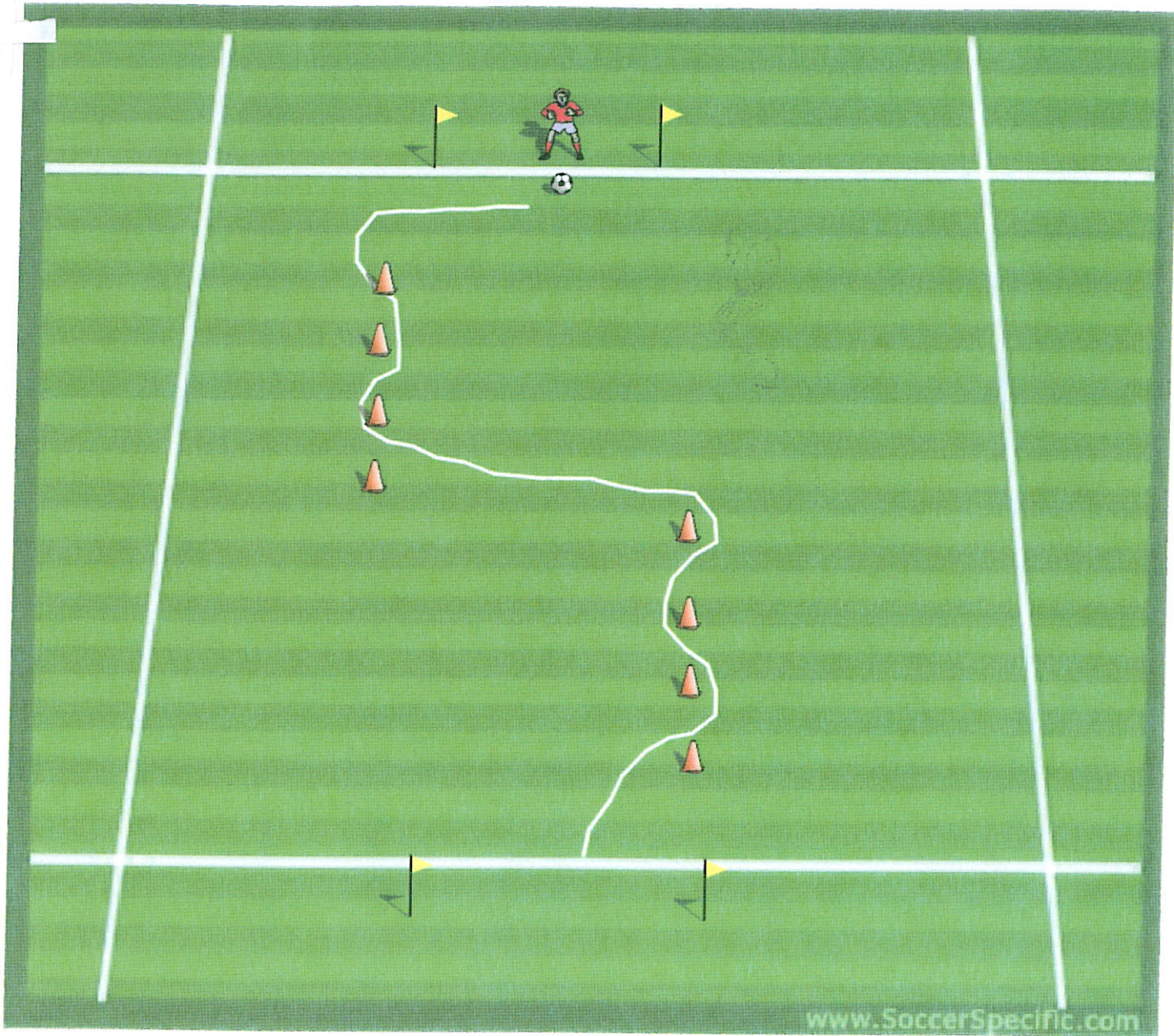


Dribbling  
Dribble in a figure eight

Objectives  
Forces player to use both feet  
If using one foot forces player to use both inside and outside of foot



## Dribbling

- Forces player to use both feet
- Player does not just dribble in straight lines
- Forces player to use both inside and outside of foot.